



COMMIT TO
Connect

Overview

Commit to Connect aims to increase the capacity of the aging and disability network to address social isolation and loneliness and advance social connection as a critical part of health and well-being.

Strategies to Increase Social Connection

- Increase awareness and availability of programs and strategies that address social isolation.
- Build and strengthen collaboration with current and potential partners to leverage collective efforts, resources, innovations, and activities.

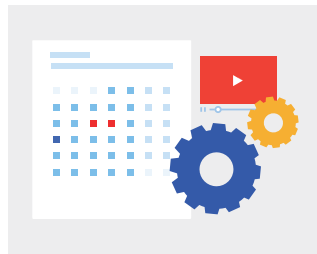
Key Activities



NATIONWIDE NETWORK OF CHAMPIONS

The network is an online community of leaders, professionals, and volunteers working at the local, state, and national levels to advance social connections.

Register at networkhub.committoconnect.org/login.

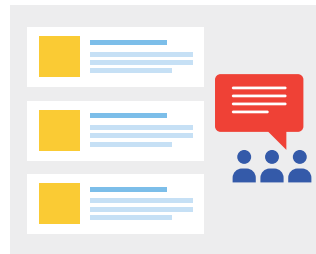


TECHNICAL ASSISTANCE AND TRAINING

These opportunities focus on increasing social connections and reducing isolation and loneliness.

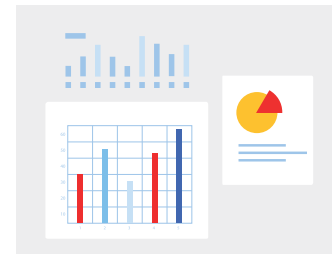
Examples:

- Annual national summit
- Professional and consumer resources
- Webinars and office hours



COMMUNITIES OF PRACTICE

Members of these groups collaborate with subject matter experts to collect outcomes and measure the impact of their social connection programs.



INNOVATION HUB

This resource encourages the replication of successful programs. This clearinghouse includes over 130 model programs, interventions, and solutions to promote social connection.

Visit committoconnect.org for more on how to stay connected.

