## TEMPLE UNIVERSITY COMMUNITY PARTICIPATION MEASURE

## PARTICIPANT NAME:

$\qquad$ DATE: $\qquad$

QUESTION 1: I am going to ask you about different activities you might have done during the past $\mathbf{3 0}$ days without a staff person going with you (i.e., someone from an agency or program you are in who is paid to help you). Please indicate the number of days during the past $\mathbf{3 0}$ days you have participated in each activity outside of your home without a paid staff person going with you unless it is a personal assistant or other similar type of support.

QUESTION 2: Do you do this activity, Enough, Not Enough, or Too Much? (circle the correct response)

- INTERVIEWER NOTE: If respondent has NOT done an activity in the past 30 days, the number of days would be 0 . See the Library example below.
- If respondent did NOT want to do the activity in the past 30 days, indicate: "Enough."
- If respondent wanted to go to the Library, but did the activity 0 times during the past 30 days select: "Not Enough."

QUESTION 3: Is this activity important to you? (circle the correct response)

## Example:

| A. How many days during the past $\mathbf{3 0}$ days did you do the following activities without a program staff person going with you: | B. Number of Days (without a staff person) | C. Do you do this activity? |  |  | D. Is this activity important to you? |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Enough | Not Enough | Too Much | Yes | No |
| 9. Go to a library. | (\# of Days) | 1 |  | 3 | $1$ | 0 |
| 24. Entertain friends in your home or visit friends in their homes. | $\overline{\text { (\# of }}-\frac{\mathbf{5}}{\mathrm{E}}$ | (1) | 2 | 3 | 1 | 0 |


| A. How many days during the past 30 days did you do the following activities without a program staff person going with you: | B. Number of Days (without a staff person) | C. Do you do this activity? |  |  | D. Is this activity important to you? |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Enough | Not Enough | Too Much | Yes | No |
| 1. Go shopping for pleasure or entertainment (e.g., at a grocery store, convenience store, shopping center, mall, other retail store, flea market, or garage sale.) | $\overline{\text { (\# of }} \overline{\text { Days }})$ | 1 | 2 | 3 | 1 | 0 |
| 2. Go to a restaurant or coffee shop. | $\overline{\text { (\# of }} \overline{\text { Days }})$ | 1 | 2 | 3 | 1 | 0 |
| 3. Go to a church, synagogue, or place of worship. | $\overline{(\# \text { of }} \overline{\text { Days })}$ | 1 | 2 | 3 | 1 | 0 |
| 4. Go to a movie theater. | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 5. Go to a park or recreation center. | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 6. Go to a theater to watch a play, concert, dance, or other similar type of cultural event (not a movie theater). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 7. Go to a zoo or botanical garden/arboretum. | $\overline{\text { (\# of }} \overline{\text { Days })}$ | 1 | 2 | 3 | 1 | 0 |
| 8. Go to a library or museum. | $\overline{\text { (\# of Days) }}$ | 1 | 2 | 3 | 1 | 0 |
| 9. Go out of the house to watch a sports event (including bowling, tennis, basketball, etc.). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |


| A. How many days during the past 30 days did you do the following activities without a program staff person going with you: | B. Number of Days (without a staff person) | C. Do you do this activity? |  |  | D. Is this activity important to you? |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Enough | Not Enough | Too Much | Yes | No |
| 10. Go to a gym, health or exercise club, or pool, for leisure and recreation. | $\overline{\text { (\# of Days }}$ | 1 | 2 | 3 | 1 | 0 |
| 11. Engage in an organized sport's team or activity (baseball, basketball, soccer game) or other organized physical activity (e.g., exercise class) outside the home. | $\overline{\text { (\# of }} \overline{\text { Days }}$ | 1 | 2 | 3 | 1 | 0 |
| 12. Play games in-person (e.g., chess, cards, board game) outside of one's house with friends or family. | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 13. Play games, including online gaming, at your own home where you play with others (they may be physically present in your home or online). | $\overline{\text { (\# of Days }}$ | 1 | 2 | 3 | 1 | 0 |
| 14. Go to a barber shop, beauty salon, nail salon, or spa for enjoyment (i.e., you do it because you enjoy it and not because you simply need a haircut). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 15. Use public transportation (buses, subway, trains). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 16. Go to a group activity outside your home. For example, go to a book club, knitting group, or other group activity with people who have similar interests as you. | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 17. Work for pay. This could be full- or part-time work. | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 18. Go to school to earn a degree or certificate (for example: GED, adult education, college, vocational or technical school, job training). | $\overline{\text { (\# of Days) }}$ | 1 | 2 | 3 | 1 | 0 |


| A. How many days during the past 30 days did you do the following activities without a program staff person going with you: | B. Number of Days (without a staff person) | C. Do you do this activity? |  |  | D. Is this activity important to you? |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Enough | Not Enough | Too Much | Yes | No |
| 19. Take a class for leisure or life skills (for example, classes for cooking, art crafts, ceramics, and photography). | $\overline{\text { (\# of }} \overline{\text { Days }}$ | 1 | 2 | 3 | 1 | 0 |
| 20. Participate in volunteer activities (i.e., helping others or an organization without being paid). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 21. Get together in the community or attend a formal event with family (for example, a wedding, bar mitzvah). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 22. Get together in the community or attend a formal event with friends (for example, a wedding, bar mitzvah). | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 23. Entertain family in your home or visit family in their homes. | (\# of Days) | 1 | 2 | 3 | 1 | 0 |
| 24. Entertain friends in your home or visit friends in their homes. | $\overline{\text { (\# of }} \overline{\text { Days }})$ | 1 | 2 | 3 | 1 | 0 |
| 25. Hang out or socialize with people you know from school, work, the neighborhood, or other acquaintances. These would people you DO NOT consider to be close friends. | $\overline{\text { (\# of Days) }}$ | 1 | 2 | 3 | 1 | 0 |
| 26. Go to a community fair, block party, community clean-up day, or other community event or activity. | $\overline{\text { (\# of }} \overline{\text { Days }}$ | 1 | 2 | 3 | 1 | 0 |
| 27. Attend or engage in civic or political activities or organizations (e.g., neighborhood watch or advocacy groups) or professional associations (e.g., conference or union meeting). | $\text { (\# of } \overline{\text { Days }})$ | 1 | 2 | 3 | 1 | 0 |



