

Commit to Connect Office Hours: Resource Recap

Topic: Intergenerational Engagement

Brief Overview:

Commit to Connect hosted an Intergenerational Engagement Office Hours call on January 30, 2024. Office Hours provide a virtual forum for anyone interested in improving social connection. During the sessions, participants network, share ideas, and exchange resources. Dr. Shannon Jarrott, Ohio State University, Katie Clark, Administration for Community Living, and Sheri Steinig, Generations United (GU) facilitated discussions on intergenerational program partners, outreach strategies, outcome measures, and more.

This document provides a list of resources that were shared during this Office Hours call.

Resources on Social Isolation and Connection:

- The <u>National Academies of Science, Engineering, and Medicine Report</u> on Social Isolation and Loneliness in Older Adults provides data on the effects of isolation and loneliness in older adults.
- The Office of the Surgeon General issued an <u>Advisory</u>, along with additional <u>resources on social connection</u>.

Resources on Intergenerational Engagement:

- GU highlighted an array of tools and resources on intergenerational engagement including: <u>benefits of intergenerational programming</u>, a toolkit on <u>creating intergenerational spaces</u>, a <u>database of intergenerational</u> <u>programs</u>, and a list of programs that have received their <u>intergenerational</u> <u>program certification</u>.
- Commit to Connect, in partnership with Dr. Shannon Jarrott, produced a <u>literature review on intergenerational engagement</u>.
- This <u>Commit to Connect topical guide</u> highlights different ways organizations are increasing intergenerational social engagement in their communities.
- The <u>Heads</u>, <u>Hands & Heart activity</u> helps to assess people's interests and expertise.

Resources on Data Collection/Evaluation:

- This <u>Intergenerational Evaluation Toolkit</u>, developed by GU, includes resources to demonstrate the impact of intergenerational programming.

Resources on Funding Opportunities:

- GU has a web page with <u>potential funding opportunities</u> for intergenerational activities/programs, along with a page on <u>potential federal funding</u> <u>opportunities</u>.
- GU also produced this <u>resource about "the funding puzzle"</u> for intergenerational opportunities.
- <u>The Eisner Foundation</u> is dedicated to funding intergenerational programs (note: there are restricted geographic constraints for these funds).
- <u>RRF Foundation for Aging</u> (formerly The Retirement Research Foundation) supports projects and programs that enhance the quality of life for older adults.

Additional Commit to Connect and GU Resources:

- The GU e-newsletter covers intergenerational and kinship topics. Sign up <u>here</u>.
- Join the <u>Nationwide Network of Champions</u> and connect with peers across the country interested in addressing social isolation and loneliness. This free virtual platform hosts an open forum and a community specifically dedicated to intergenerational engagement.